

## MODULES – TOPICS AND SUBTOPICS

nr	Topic	Level 1 – agenda	Level 2 – agenda	Nr of hours
1	Genosociogram	Building the genosociogram Transgenerational and intergenerational Invisible loyalties, alliances Levels of reading the GS Family atom The context influences The role and the place of the protagonist in the family	The traumatic locus (place) in the family tree Dynamic and the balance in the family system Transgenerational analysis Behavior analysis known and unknown in GS	2,30h
2	Name and Family name	Conscious and unconscious choices Replacement child Nicknames, replaced names	Nicknames, short names, Replaced names Family name or the patronym Heraldry	2,30h
3	Body Map and family History	The body symbolism Sensations, diseases, disorders Psychosomatics vs psychosomatic dictionary in transgenerational approach	Body - the family history keeper Lost in translation: psychosomatics vs psychosomatic dictionary in transgenerational approach	2,30h
4	Family secrets	The secret - transgenerational approach The rules of a secret The psychosomatic reaction The secret "age" Managing the secret	Levels of the body reactions Family dynamic Strategies of working with the 2 kinds of secrets The life after the secret	2,30h
5	Unfinished grieving	Manage the mourning Unfinished mourning Symptoms, reactions, anniversary reactions	The pathology of mourning Impossible mourning Behavior patterns Family dynamics	2,30h
6	Anniversary syndrome	Anniversary Syndrome and invisible family loyalties Repetitions "Hot potato"	Anniversary stress Double anniversary syndrome Symbolic actions	2,30h
7	Accountability across generations	Context impact - family relationships Losses, theft, abandon, dispossession, displacements Injustice and abuses Levels of accountability	Adjustment or regulation of injustices Correcting the injustice Collective trauma Levels of accountability	2,30h
8	Social class neurosis	Social class loyalties Social class neurosis Emotional & somatic reactions	Self-sabotage, failures, repetitive scripts Hierarchy, money, social success	2,30h
9	Psychopathology and Neuroscience	Neuropsychology and it's application in psychotherapy	Neuropsychology and it's application in psychotherapy	2,30h
10	Transgenerational Psychotherapy – integrated	Case presentation Key questions Integrate the concepts	Case presentation Key questions Integrate the concepts	2,30h
11.	Transgenerational Psychotherapy - integrated	Practice Practice	Practice Practice	12h 12h

The modules for basic level are 2,30h each and for advanced level 2,30h as well.